## MINNESOTA DISABILITY HEALTH OPTIONS (MNDHO)

0914.03.27

# MinnesotaCare:

No provisions.

### MA:

Minnesota Disability Health Options (MnDHO) is a health care program available to some people with physical disabilities. MnDHO provides the same benefit set (acute care, nursing home, home and community-based services, etc.) as regular MA as well as flexible alternative services beyond the scope of MA and waiver services. DHS contracts with UCare Minnesota to provide these services through their UCare Complete product. AXIS Healthcare coordinates these services for MnDHO enrollees. MA enrollees who are also enrolled in Medicare will receive both MA and Medicare services through MnDHO.

To be eligible for MnDHO, people must:

Have a physical disability

#### **AND**

► Be at least age 18 and under age 65

### **AND**

Live in a county participating in MnDHO. These counties are Anoka, Dakota, Hennepin and Ramsey.

#### **AND**

Be enrolled in MA (including MA-EPD). People with spenddowns may enroll but must pay their monthly spenddowns to MnDHO.

People who receive home and community-based services through Community Alternatives for Disabled Individuals (CADI) waiver or the Traumatic Brain Injury (TBI) waivers are eligible to enroll in MnDHO. CADI and TBI participants who choose to enroll in MnDHO will still get the waiver services but will receive case management services from a health coordinator at AXIS Healthcare instead of a county case manager.